BIG – The Musical
Our annual musical production went to stage last week over three nights and one matinee performance. BIG – The Musical was a great success and certainly reflected the talents and commitment of a large crew – students and teachers alike. Every member of the crew – actors, orchestra members, backstage crew and members of the College staff is to be congratulated.

Staffing Updates
- Mr Ed Creely has been offered a Monash University Scholarship to pursue his PhD studies. After 15 years with us as a teacher of English, Drama and History, I wish Mr Creely every success in the future and thank him for his efforts while here on staff.
- Mrs Heshani Peiris has been appointed to replace Mr Creely.
- Mr Eddie Smyth has informed me of his decision to retire and I thank him for his commitment to the students.
- Mrs Courtney Buttigieg has been appointed to replace Mr Smyth.

Student Achievements
Angela Duncan (Yr 9 DKR) recently participated in the National Indoor Archery Championships and won the Gold Medal in the Intermediate Girls Recurve Division.

Taylor Evans (Yr 9 DDU) who competed in the ‘Intermediate Girls Recurve Barebow Division’ and was placed first in Victoria for her category.

Mrs Rhonda O’Connor and Mr Simon Cuckson took a group of our Catholic Youth Ministry students to Hobart last weekend. Our students – Harry Goodie, Marlee Noronha, James McGrath, Mollie Gawley, Jess Hancock and Grace Waack were outstanding

Enrolments 2013
The College is now in a position to accept enrolment applications for Year 8 next year at the Officer Campus. All enrolment enquiries should be directed to Mrs Felicity Woodhouse, College Registrar, telephone 9707-3111.

Transport Help Needed
We have a boy in Year 8 needing assistance in getting to school each day. The family resides in Cranbourne. If you know of any family travelling to us daily from that area, please contact Reception at any of the three campuses.

DATES TO REMEMBER

AUGUST
2  Yr 9 Outward Bound
Parent Information Night  7.30pm
10  Presentation Ball 1
11  Presentation Ball 2
23  Hands on Learning Evening  5.30pm

SEPTEMBER
5  Parents & Friends Meeting  7.30pm
Courageous Act by a Student

Year 12 student Katelyn Hore (12 GNU), bravely assisted a mother and her young child after a car accident on Princes Highway on the morning of Thursday July 19. Katelyn took this action as many other motorists hurried by. She also took this action after narrowly (i.e. less than a metre) avoiding being hit in the accident as she was walking to school. Katelyn’s bravery was noticed by a parent who then phoned the College.

Catholic Education across Victoria

Some interesting statistics have recently been published by CECV regarding Catholic Education in this State. Did you know?

- There are 16,093 teachers in our schools (1,262 in the Diocese of Sale).
- There are 8,640 non-teaching personnel in our schools (582 in this Diocese).
- There are 385 Catholic Primary Schools in this State (34 in this Diocese).
- There are 94 Catholic Secondary Colleges (7 in this Diocese).
- There are 7 special schools conducted by the Catholic Church.
- 22.4% of Victorian Primary-aged children attend Catholic schools (105,910.3 children).
- 23.4% of secondary-aged children in Victoria are in Catholic schools (91,876.8 students).
- In Victoria 197,864.9 children are in Catholic Schools (16,487.9 in this Diocese)

The full details of this brochure may be viewed on the College website (www.sfx.vic.edu.au) under the link News & Events.

We Are Praying For

- Mrs Barbara O’Reilly is ill at present. Mrs O’Reilly is the mother of Mr Lance O’Reilly.
- Mrs Joy Murphy who is ill at present. Mrs Murphy is the mother of our colleague, Mrs Carmel Gardiner.
- Mr José Menares, father of Nick (Yr 10) and Eric (Yr 7).
- Mr Dominic Pannuccio, father of Matthew (Yr 9).
- Mr Krishna Sami, father of Kajal (Yr 12).

2012 SACRAMENT OF FIRST HOLY COMMUNION

St Michael’s Catholic Church, Berwick, invites Catholic children in Year 4 or above to prepare for the sacrament of First Holy Communion.

Preparation begins with an Enrolment/Parent Meeting on August 7, either at 1.30pm or 7.30pm in St. Michael’s Stadium (no need to book).

This meeting is a compulsory part of the Program and failure to attend will mean your child will be unable to receive First Holy Communion this year.

For more information, please contact
St Michael’s Parish, Berwick
on 9707 1355 or
email secretary@stmichaelsparish.org.au

OUR PARISH MASSES

<table>
<thead>
<tr>
<th>Location</th>
<th>Mass Times</th>
</tr>
</thead>
<tbody>
<tr>
<td>Berwick</td>
<td>Sat 6.00pm, Sun 9.00am, 10.30am</td>
</tr>
<tr>
<td></td>
<td>&amp; 6.00pm</td>
</tr>
<tr>
<td>Narre Warren</td>
<td>Sat 6.00pm, Sun 8.00am, 9.15am</td>
</tr>
<tr>
<td></td>
<td>&amp; 11.00am &amp; 6.00pm</td>
</tr>
<tr>
<td>Pakenham</td>
<td>Sat 6.00pm, Sun 9.00am &amp; 10.30am</td>
</tr>
<tr>
<td>Koo Wee Rup</td>
<td>Sun 9.30am</td>
</tr>
<tr>
<td>Iona</td>
<td>Sun 11.00am</td>
</tr>
<tr>
<td>Lang Lang</td>
<td>2nd &amp; 4th Sunday of each month at 5.00pm</td>
</tr>
<tr>
<td>Nar Nar Goon</td>
<td>Sat 6.00pm</td>
</tr>
<tr>
<td>Maryknoll</td>
<td>3rd &amp; 5th Sunday of each month at 5.00pm</td>
</tr>
</tbody>
</table>
RESILIENCE – COMPUTER GAMES – FACEBOOK – ACHIEVEMENT – INDEPENDENCE

Michael Grose is an internationally acclaimed parenting educator and presenter on the topic of home-school partnerships. One of Australia’s most popular parenting and educational presenters, he speaks regularly to school leadership teams in Australia and the United Kingdom on how to engage and support parents to maximise the achievement and wellbeing of students.

Michael is the author of eight books for parents and his Body & Soul parenting column reaches 6 million Australians every Sunday. He is also the only person to conduct a parenting seminar for Federal politicians in Parliament House, Canberra.

St Francis Xavier College has recently become a member of Michael’s Parentingideas website which gives us access to numerous articles, Professional Development for teachers and a free online magazine for parents. There is also a section for grandparents! Parents can access the magazine at www.parentingideas.com.au/Parents/Parenting-Magazine

Below are snippets from recent articles in these magazines, all of which can be viewed online. The article on School Achievement is attached to this newsletter. I hope it motivates you to read all the others – just one page each!

Independence: Allowing children to develop real independence is one of the biggest challenges modern parents face. Our basic job is to keep our children safe and secure; that doesn’t mean we eliminate risk altogether by overprotecting them.

Resilience: Some children are resilient by nature – their temperament helps them to be mentally and psychologically tough. You know these kids. They get straight back up after a setback or disappointment. Unfortunately, not all children have such natural resilience. Fortunately, research shows that resilience can be nurtured and developed, particularly when parents themselves are resilient and foster it in their children.

Facebook: There is nothing more divisive today than a discussion about Facebook. However, parents, as primary care givers and home educators, have an important role to play in helping their children navigate the social media landscape.

Computer Games: Computer game addiction is on the rise among Australian teenagers replete with a host of alarming consequences.

Girls: Girls are more inclined to want people to like them and have a greater desire to be accepted. It is important to open up conversations around values and beliefs. The choices they make now will help build the foundation for the women they are going to become.

Boys: Sometimes mothers get flummoxed by the in-your-face, direct nature of their sons. Lovable yes, but they can be hard work as well. It helps to appreciate what makes boys tick.

School Achievement: One way to help your child achieve at school is to work together with your child’s teacher. The parent-teacher partnership takes work from both sides to become a reality. There’s no doubt that the best outcomes for students happen when teachers and parents work together to support children’s learning. In this article there are 10 ways you can work with your child’s teacher to maximise your child’s chances of school success.

SUBSCRIBE TO THE COLLEGE NEWSLETTER

Go to sfx.vic.edu.au then click on “News & Events” then “Newsletters” then “Subscribe” and fill in the information
NEXT MEETING

WEDNESDAY 5th SEPTEMBER, 2012
Junior Campus Staffroom 7:30p.m.

If you would like to hear more about what’s going on at your child’s school as well as meet new people and offer help, ideas and support in a friendly environment please join us for the next meeting of St. Francis Xavier College’s Parents and Friends Association... Everyone is welcome!

All enquiries regarding the College P&F can be made to Lorraine on 9707 5274.

P&F MEETING DATES FOR 2012

<table>
<thead>
<tr>
<th>Date</th>
<th>Details</th>
</tr>
</thead>
<tbody>
<tr>
<td>Wednesday 5th September</td>
<td></td>
</tr>
<tr>
<td>Wednesday 10th October</td>
<td></td>
</tr>
<tr>
<td>Wednesday 5th December</td>
<td></td>
</tr>
<tr>
<td>Wednesday 7th November</td>
<td>(A.G.M.)</td>
</tr>
</tbody>
</table>

FUNDRAISING NEWS

OFFICER CAMPUS PAVER FUNDRAISER – CLOSES 31st AUGUST
This unique fundraiser gives you the opportunity for a lasting record of your support and your family’s time at the College. For further information please contact Lorraine on 9707 5274.

ENTERTAINMENT BOOKS
Only 3 books left! Please phone Lorraine on 9707 5274 if you would like to purchase one.

Clover Cottage

TICKETS ON SALE NOW!

Tickets are on sale for the P&F’s Clover Cottage Fundraiser Dinner to be held on SUNDAY 16th SEPTEMBER.

The P&F invites St. Francis Xavier College families, staff and friends to join them for a great night out to support the school while dining in a beautiful restaurant. The cost of the three course meal is $55 per head (normally $80) with drinks available to purchase at bar prices.

DONATIONS: The P&F would love to hear from anyone that can help with the donation of items for the silent auction or raffle to be held on the night.

For more information, or if you can help with any donations, please contact Lorraine on 9707 5274 otherwise return the order form below with your payment a.s.a.p. to either campus office.

CLOVER COTTAGE ORDER FORM

RETURN TO OFFICE AT BEACONSFIELD OR BERWICK CAMPUS

<table>
<thead>
<tr>
<th>NAME</th>
<th>CARE GROUP</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
</tr>
</tbody>
</table>

CONTACT PHONE NUMBERS

<table>
<thead>
<tr>
<th>HOME</th>
<th>MOBILE</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
</tr>
</tbody>
</table>

NUMBER OF TICKETS

<table>
<thead>
<tr>
<th>AMOUNT ENCLOSED</th>
</tr>
</thead>
<tbody>
<tr>
<td>$</td>
</tr>
</tbody>
</table>

METHOD OF PAYMENT

(PLEASE TICK)
Cash or Cheque Only

<table>
<thead>
<tr>
<th>CASH</th>
<th>CHEQUE</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>(PAYABLE TO SFX P&amp;F)</td>
</tr>
</tbody>
</table>

PLEASE LIST ANY SPECIAL DIETARY REQUIREMENTS BELOW

<p>| |</p>
<table>
<thead>
<tr>
<th></th>
</tr>
</thead>
</table>
It was a privilege to attend the performance of “BIG - The Musical” recently. All those involved should be very proud of their achievements. It was wonderful to view the final product after many months of rehearsals, costuming and prop construction. We were fortunate to be entertained by many talented individuals.

The subject selection process is now well under way. The Senior Studies Information evening enabled students and their parents to access a great deal of information with regard to subjects offered in our curriculum. Students should be conducting thorough research into each subject area so they can make informed and appropriate decisions about their academic program for 2013. Students must adhere to the published timeline and register their subject preferences in a timely fashion.

Year 11 students are attending their Retreat this week. This is an opportunity to reflect on their faith journey, bond with their House peers and spend time in prayer and reflection. Retreat is an integral part of the Year 11 Program. Our staff spend a great deal of time preparing appropriate and meaningful sessions. Thank you to the Mission Development Team, House Co-ordinators and supervising staff.

Year 12 students should be focussed on their Unit 4 studies. Too many students are not utilising the study Centre in the appropriate fashion, this is a quiet learning space and should be used as such. It is imperative that students attend all scheduled classes. Students and parents should refrain from making appointments during class time. All students should have familiarised themselves with the Semester 2 SAC calendar. I encourage each individual to make the most of the opportunities available to them in an effort to reach their full potential.

Our College uniform connects our students to our school and identifies them as members of St Francis Xavier College to the wider community. When the uniform is worn appropriately, our students are viewed as wonderful ambassadors for our College. It is such a shame when students do not take pride in their appearance. All College regulations are clearly outlined in the student diary. Lately, issues with regard to skirt length, makeup, hair style, colour and facial hair have caused concern. Parents, I ask for your continued support in this matter.

YEAR 10 IMMUNISATIONS

Due to unfortunate and unforeseen circumstances the Year 10 immunisations were once again cancelled.

The new date is Tuesday August 21, 2012.

This immunisation is for Diptheria, Tetanus and Pertussis. If you would like to have the immunisation sooner than the proposed date, please contact your doctor or the Cardinia Council for clinic dates on 5945 0444.

Mrs Kim de Waal, College Nurse
Five weeks into Semester 2 we are already planning for 2013. Students in Years 10 and 11 are investigating their VCE options and the Year 12s, while challenged by the reality of ongoing SACs and SATs, are thinking very carefully about the range of University and TAFE courses available to them next year. All students and parents are reminded of the resources available to them on line, through MOODLE and the College website, please also take advantage of the wealth of knowledge our Careers Counsellors have to share.

Throughout August and September there are a number of important dates that need to be noted:

**Monday, August 6:**
VCAA Unit 3 EXAMINATION RESULTS will be distributed to students of ACCOUNTING, BIOLOGY, CHEMISTRY, PHYSICS & PSYCHOLOGY

**Friday, August 10:**
The final day for all Year 10 and 11 students to complete 2013 Subject Selection Applications on line

**Friday, August 17:**
Semester 2 INTERIM REPORTS will be distributed to all students (Years 10-12)

**Thursday August 30 & Friday August 31:**
Parent-Student-Teacher Interviews, particularly important for Year 12 students

**Friday September 21 (and October 1-5):**
Compulsory VCE Unit 3 / 4 Trial Examinations

**PISA is coming to our school!**
Our school has been chosen to represent Australia for the OECD Programme for International Student Assessment (PISA) which is taking place between **July 30 and September 7, 2012**.

A random sample of 15-year-old students will be part of a once in a lifetime opportunity to represent Australia in education!

PISA is an international assessment, occurring every three years, which measures skills in mathematics, science, reading, problem solving and financial literacy at a point when students have almost finished their compulsory schooling. PISA helps to inform policy makers involved in education on how well schools are succeeding in helping students to acquire the skills and knowledge they will need to meet challenges beyond school.

Twenty-five students who are randomly selected from our school will be sampled to complete a two-hour paper-based assessment consisting of mathematics, science, financial literacy and reading questions. After the paper-based assessment and questionnaire, a sub-sample of 20 students who participated in the paper-based assessment will also participate in a computer-based assessment of problem solving, mathematical literacy and reading literacy.
Community events this term

Father's Day Breakfast
When: Thursday August 30
Where: Hospitality Centre, Beaconsfield
Cost: $15 per person
Time: 7.00am - 8.30 am

The breakfast is open to all students in Years 7-12 and their fathers/grandfathers and is an annual College celebration to honour the role of Fathers in our community.

Parish Primary Schools Lightning Premiership Day
When: Friday September 7

On this day, Grade 6 students from the nine feeder Parish Primary schools that form part of our College community meet together to enjoy a day of sporting competition at our Beaconsfield Campus.

Cardinia Shire Downtown Hoops Free Basketball Program (for students with a refugee background)
The Southern Migrant and Refugee Centre, in conjunction with South East Youth Connections have established a free basketball program.
When: Thursday afternoons
Where: Lakeside Primary School
23 Shearwater Drive, Pakenham (500 metres from Cardinia train station)
Time: 4.30pm-6.30pm

Cardinia Downtown Hoops, has been set up in response to community feedback and is a program that is being delivered to young people of refugee background who are aged 15-19 years.
For further information contact Daniel 0458 090 956

Cardinia Shire Youth Services are hosting a Battle of the Bands Competition (a Freeza Push Start Event)
When: Friday August 17
Where: Pakenham Hall
Time: 6.00pm - 11.00pm
Cost: $12 per person/$10 in costume (Heroes v Villians theme)

Applications are invited from local bands and solo artists who may like to perform.
For more details contact www.cardinia.vic.gov.au/youth or call 1800 4 youth.

WESTERN FRONT TOUR 2013
Mr Ian Coffey - Organiser

The information night for the Western Front Tour 2013 was held last Wednesday Night (July 25), and was well attended.

If you were unable to attend and are interested in going to the Western Front next year, you can collect a booklet and application form from:

Jacqui Dunstan (Berwick)
Ian Coffey (Beaconsfield and Officer)

Applications close at 4.00pm 15th August 2012.
Congratulations!
I certainly hope you had the opportunity to see the College Production ‘BIG – The Musical’ last week! I went along on Friday night and was thoroughly entertained by a very dedicated and talented cast and crew. I am so proud of the Berwick students who took part in the production, whether on stage, as a member of the band or part of the backstage crew. It was a wonderful effort by so many students and staff and it was so good to see Berwick students showcasing their talents. No doubt there were some very tired, but happy students on Sunday, who now need to refocus on their schoolwork. I am sure many will miss the rehearsals and time spent together in the lead up to their performances. All who took part are to be congratulated for their commitment and effort!

Mission Australia Youth Survey 2012
We have received a request from Mission Australia asking if any of our young people would be prepared to answer their 2012 Mission Australia Youth survey. This survey is done annually, and seeks to obtain socio-demographic information and investigate some of the inclusion/exclusion dimensions from the perspective of young people. Results assist with the development of programs and services that meet the needs of young people. These results are a key resource for policy makers in the area of youth and are a valuable resource for young people, their families and those who support them, including schools and communities.

If any of our students are interested in doing the survey, we have attached the link to our College website. Our school code is: 77717. This only identifies how many of our students complete the survey, nothing else. The survey closes on August 17, and can be done at any time. Please visit www.mayouthsurvey.com.au for more information or to complete the survey.

Please do not send sick students to school
As we know this time of year creates challenges for all of us to avoid the nasty winter colds and flu that are rife at the moment. Can I please ask parents not send children to school if they are unwell. The College does not have the facilities, or the staff, to keep sick students isolated to reduce the chances of their illness being spread. Our sickbay is a short term destination for students who develop symptoms of illness during the course of the school day. When students report to sickbay, parents are contacted to collect their child, we cannot keep sick children at school. In the event a parent cannot be contacted, the emergency contact listed will be called.

I acknowledge this is a difficult situation, especially for working parents, but sending a child to school who is unwell has the potential to impact unfairly on other students and staff. I thank you in anticipation of your understanding and support with regards to this situation.

UNIFORM SHOP
Beaconsfield Avenue, Beaconsfield
Mrs Vicki Lister
Tuesdays and Thursdays 8.30am - 4.00pm
Every Saturday 9.00am - 12.00pm
Telephone Orders Welcome
Please call 9707 3111
(Tuesday or Thursday)

SUBSCRIBE TO THE COLLEGE NEWSLETTER
Go to sfx.vic.edu.au then click on “News & Events” then “Newsletters” then “Subscribe” and fill in the information
Year 9 Subject Selections
Year 9 students and their parents should now be in the thick of investigating what they would like to study next year. Subject selection information can be found on the College website at http://sfx.vic.edu.au/BeaconsfieldCampus/SeniorForms.html

Each student should have the web preference form which outlines their unique log in details. I have received quite a number of emails, visits and phone calls from both students and parents who have asked great questions. Our Careers Counsellor has also been run off her feet, so it seems that the process is going well. Please do not hesitate to contact us at the College if you still have questions.

It is best to make informed choices. For those students who meet the criteria and wish to study a Unit 1 and 2 subject in Year 10, a reminder that they must complete the relevant application form and attach a copy of their Semester One report along with their web preferences. For those who wish to apply for either a VET Unit 1 & 2 subject or VCAL they also need to download and complete the relevant application forms and submit them along with their web preferences.

The web preference on line will remain open till **4.00pm Friday August 10**. The printed forms are due back to Student Services by **Tuesday August 14**. Students can submit their forms from this week – ensuring they place them in the correct boxes which are now located at Student Services. Students and parents should not feel pressured, there is no advantage in submitting forms early, take the time to make informed choices.

Once this process has ended we begin again preparing for our current Year 8 cohort and their subject selections for Year 9, 2013. Further details regarding this process will be published soon.

**PLEASE SEE INFORMATION FOR BOOKING PARENT/TEACHER/STUDENT INTERVIEWS ATTACHED TO THIS NEWSLETTER**

**Have you changed your address or phone numbers recently?**
If so, it is vitally important that you provide updated details to the College.

**A CHANGE OF DETAILS form**
is available from Reception at any of the Campuses.
Preparation for the expedition continues

Last Monday Year 9 Students attended an information session about Outward Bound. Sean Powell from Outward Bound Australia spoke to students about the aims of Outward Bound and outlined the program for the 9-day expedition, as well as giving advice on suitable clothing and preparation for the expedition.

The clothing list will be distributed to parents at the Parent Information Evening to be held Thursday, August 2. This list is also available on the Outward Bound Moodle page. It is essential that students bring all items on the clothing list. However, you should not have to spend large sums of money outfitting your child. Most of the items required can be found at home – perhaps in the rag bag.

Aussie Disposals Stores offer discounts to St Francis Xavier College students. A discount booklet is available from Reception at the Berwick Campus. Everything in this booklet is suitable for Outward Bound.

Get Lost Camping in Warragul (telephone 5623 6833), has suitable coats for hire at a cost of $12.00 and waterproof overpants for $7.00. Get Lost Camping will deliver coats to the College free of charge. These coats can then be returned to the College office the day after the expedition. Outsports in Moorabbin (telephone 9532 5337) also has suitable coats for hire from $22.00 and overpants from $15.00. Outsports will deliver to your home for a small charge.

Each Outward Bound Group will meet in the weeks leading up to the expedition as part of their preparation, but one area students can work on by themselves or with friends is physical fitness. Some preparation prior to the expedition will make the experience more enjoyable. Students should take time to walk several kilometres in the shoes or boots they intend to wear on Outward Bound. They should be prepared to do this quite a few times per week over the next 5 weeks, gradually increasing the distance as they build up their fitness. These walks will be even more beneficial if students carry some weight in a pack or their school bag while walking. Students can access a written fitness training program for Outward Bound on the Outward Bound Moodle Page or the Year 9 Health and PE Moodle Page.

More information will appear in the Newsletter in the weeks leading up to the expedition – including travel arrangements and emergency contact information.

There is also information about Outward Bound on the Outward Bound “Moodle Page”, including photographs from 2009, 2010 and 2011.

In the meantime if you have any questions about any aspect of Outward Bound please do not hesitate to contact me at the Beaconsfield Campus on 9707 3111.
At St Francis Xavier College all students are encouraged to participate in co-curricular activities. It is important students are challenged spiritually, emotionally, intellectually, culturally and physically. The College Production provides an opportunity for our young men and women to express and challenge themselves creatively and intellectually, refining their talents in performing and creative arts, under skilled and experienced guidance. It was wonderful to see our Officer students perform last week in BIG – The Musical. Congratulations again to all involved!

Uniform
Our focus this month is on the length of the College skirt. It has come to our attention some girls are folding over the waistband to shorten the skirt. This is a breach of our uniform policy and as such will incur a detention. School uniform should be worn with pride; this includes to and from school. There is an expectation that the uniform is worn properly in public.

Attendance and Lateness
We understand there are occasions when circumstances prevent students’ attendance at school. If your child is absent from school, a telephone call on the day is required. A note is also required explaining why your child was absent and should be given to the Care Group teacher on your students return to school.

We have noticed some students are arriving quite late in the morning. If students are late by only ten minutes each morning, it means they will have lost nearly an hour of learning/attendance by the end of the week. Please ensure that your children are at school on time to ensure there is minimal disruption for all students and staff.

Drop Off and Pick Up
A reminder also that the staff and visitor carpark is not to be used as a drop-off/pick-up zone for students before and after school. It would be a tragedy if someone were to get hurt because they did not use the correct drop-off area.

Crucifix Collection
Thank you to Ms Caley O’Neill for returning to us with a beautiful cross from Barcelona and the Naujoks family for the gift of a Celtic cross from their recent trip to Ireland. As you can see our wall of crosses is growing in Reception.
APPLICATIONS FOR VET COURSES 2013 – There are six courses delivered at the Beaconsfield Campus. Students must complete an application form by August 10. Interviews will be conducted this term.

- Certificate II in Information Technology
- Certificate III in Music Technical Production
- Certificate II in Hospitality
- Certificate III in Multimedia (Media)
- Certificate III in Sport and Recreation
- Certificate II in Business

VTAC APPLICATIONS OPEN on August 6 and CLOSE on September 28 at 5.00pm

OPEN DAYS ARE COMING – Open Days are your opportunity to check out institutions which interest you. You will have the chance to look at the facilities, talk to staff and students, collect information and consider transport/accommodation options. They are generally run 10.00am to 4.00pm. Allow yourself an hour or two at each institution. Year 10 or 11 is a great time to commence visits.

- Sat 4 Aug – Monash University (Berwick, Gippsland, Peninsula)
- Sun 5 Aug – La Trobe (Albury Wodonga); Monash (Caulfield, Clayton, Parkville); William Angliss Institute
- Sun 12 Aug – Australian Catholic Uni (Melbourne); Deakin (Warmambool); Melbourne (Parkville & Southbank - VCA); RMIT (Uni and TAFE)
- Sun 19 Aug – Deakin (Geelong campuses); La Trobe (Bendigo); Swinburne (Uni & TAFE)
- Sun 26 Aug – Australian Catholic Uni (Ballarat); Ballarat Uni; Box Hill Institute; Deakin (Melbourne Burwood); La Trobe (Melbourne Bundoora)

HOW CAN I GET THE MOST VALUE OUT OF MY OPEN DAYS VISITS?

Don't wander aimlessly….try the following:

- Plan to be at Open Day when relevant information sessions are conducted
- Allow sufficient time for your visit; two hours or so would be advisable
- Speak to staff about courses that interest you - write your questions beforehand
- Get a student perspective - speak to students studying courses that interest you
- Collect information/brochures
- Ask about industry based-learning (IBL) opportunities
- Ask about international study opportunities – these are becoming very popular
- Consider transport issues; is the campus accessible from where you live?
- Check the environment where you will study; will you be happy there for three/four years?
- Consider the facilities/clubs offered at your preferred institution
- Consider visiting a rural campus, especially if you think you won’t obtain a high enough ATAR for a metropolitan campus. ATAR’s are often lower and they often offer more personal assistance, accommodation, and a lifestyle which will suit some students.

IMPORTANT NOTE: If you plan to apply for a course involving an interview/folio presentation/audition as part of the selection process you may well be asked what you learned or found of interest about the course at Open Day. Attendance is therefore vital.

NEW COMMUNICATION DESIGN DEGREE AT MONASH IN 2013 – This new three-year degree will offer a considerable amount of design studio time and will combine visual communication with multimedia. Electives will include industrial design and fine art. The fourth year (by application) will offer more academic careers. First and second years will be studio based with specialisations in third year. Students will be encouraged to consider spending three to six weeks studying at Prato in Italy as part of the course. The Prato Centre (Tuscany) opened in 2001 and is 15 minutes from Florence. 12,000 Monash staff and students have studied there to date. It aims to develop Australia – Europe links through research, collaboration, conferences and as a centre of study for Australians.

MEET MELBOURNE – The University of Melbourne is giving you a chance to meet staff and chat about opportunities. When/Where: Glen Waverley, 25 July, Frankston, 8 Aug, Dandenong, 9 Aug (all 6.30-8.00pm); Registration: www.futurestudents.unimelb.edu.au/meett朐e.

INDEPENDENT PROVIDER OPEN DAYS – Independent education providers hold Open Days like public institutions do. Some coming up are (see websites for others):

- Whitehouse Institute of Design: 12 Aug, 672 Bourke St, Melb; www.whitehouse-design.edu.au;
- JMC Academy (Music, audio, animation, film & TV): 10.30am & 2.30pm, 18 Aug, 171 Bank St, Sth Melb; register online at www.jmcacademy.edu.au or 9624 2929;
SPORT REPORT
Mr Ryan Shaw - AFL Trainee

Term 3 is underway with what is set out to be a massive term of sport, here is a brief overview of what has happened so far.

**Sporting Achievements**

**Alexandra Hilliard**
On July 9 and 10, Year 7 St Francis Xavier student Alexandra Hilliard competed in the 2012 Peninsula Junior Golf Masters Under 18 Championship.

The competition was held at Rosebud Country Club (Day 1) and the Dunes Golf Links (Day 2). At the completion of the 36 hole event, Alexandra was announced winner of the Under 18 Girls Peninsula Junior Masters, 8 shots clear of second place. Alexandra also leads the Under 14 Victorian Junior Average Rankings. This ranking is based on the lowest average tournament scores throughout 2012. Alexandra’s current handicap is 5.

On behalf of the College we would like to wish Alexandra good luck in her future competitions and we wish her every success with her golf career.

**All Schools Cross Country Event**
Congratulations to our Sports Captain Teaghan Jagusch for finishing 31st with a time of 28.57 and Year 9 student Jonathon Bishop in finishing 43rd with a time of 15.24 over 4km in the All Schools Cross Country Event.

**S.I.S. Results – Round 1**

**Berwick**
- Intermediate Girls Football defeated Nazareth College
- Intermediate Boys Soccer cancelled
- Intermediate Girls Basketball lost to Beaconhills College

**Beaconsfield**
- Senior Boys basketball defeated St John’s College
- Senior Girls Football defeated Woodleigh School
- Senior Boys Football defeated St Peters College
- Senior Girls Netball bye
- Intermediate Girls Basketball lost to St Peters College
- Intermediate Girls Football defeated Padua College
- Intermediate Boys Soccer lost to St Peters College

**Coles Sport for Schools**
*Coles vouchers = sports equipment for our school.*

Just a reminder there is still time to collect Coles vouchers for the College.

It would be great if we could top last year’s collection of 140,000!

The more vouchers you collect the more benefits for our school. Please bring all your vouchers to reception and place it in the “Coles Sport for Schools” Program Box!
St Francis Xavier Old Collegians Football Club

<table>
<thead>
<tr>
<th>W</th>
<th>L</th>
<th>D</th>
<th>B</th>
<th>FF</th>
<th>For</th>
<th>Agst</th>
<th>%</th>
<th>PTS</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Yarra Valley</td>
<td>14</td>
<td>13</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>1782</td>
<td>870</td>
</tr>
<tr>
<td>2</td>
<td>14</td>
<td>12</td>
<td>2</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>1414</td>
<td>901</td>
</tr>
<tr>
<td>3</td>
<td>14</td>
<td>9</td>
<td>5</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>1253</td>
<td>1118</td>
</tr>
<tr>
<td>4</td>
<td>14</td>
<td>9</td>
<td>5</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>1265</td>
<td>1254</td>
</tr>
<tr>
<td>5</td>
<td>14</td>
<td>8</td>
<td>5</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>1112</td>
<td>928</td>
</tr>
<tr>
<td>6</td>
<td>St Francis Xavier</td>
<td>14</td>
<td>7</td>
<td>7</td>
<td>0</td>
<td>0</td>
<td>1196</td>
<td>1128</td>
</tr>
<tr>
<td>7</td>
<td>Elsternwick</td>
<td>14</td>
<td>6</td>
<td>7</td>
<td>1</td>
<td>0</td>
<td>1396</td>
<td>1257</td>
</tr>
<tr>
<td>8</td>
<td>Richmond Central</td>
<td>14</td>
<td>6</td>
<td>8</td>
<td>0</td>
<td>0</td>
<td>1082</td>
<td>1213</td>
</tr>
<tr>
<td>9</td>
<td>Albert Park</td>
<td>14</td>
<td>5</td>
<td>9</td>
<td>0</td>
<td>0</td>
<td>1145</td>
<td>1067</td>
</tr>
<tr>
<td>10</td>
<td>14</td>
<td>5</td>
<td>9</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>882</td>
<td>1445</td>
</tr>
<tr>
<td>11</td>
<td>Old Westbourne</td>
<td>14</td>
<td>2</td>
<td>12</td>
<td>0</td>
<td>0</td>
<td>772</td>
<td>1508</td>
</tr>
<tr>
<td>12</td>
<td>Power House</td>
<td>14</td>
<td>0</td>
<td>13</td>
<td>0</td>
<td>0</td>
<td>761</td>
<td>1445</td>
</tr>
</tbody>
</table>
Dear Parents

The Parent/Teacher/Student interviews need to be booked online. This will give parents the opportunity to view all available times and to choose those which are most suitable.

Interviews will be held at the following days and times:

**BEACONSFIELD CAMPUS**
- Thursday August 30: 2.00pm – 8.00pm
- Friday August 31: 9.30am – 1.00pm

**BERWICK AND OFFICER CAMPUSES**
- Wednesday October 10: 2.00pm – 8.00pm
- Thursday October 11: 9.30am – 1.00pm

To book interviews for your child simply go to the following web address and follow these simple instructions:

www.schoolinterviews.com.au

Now you can book school interviews for the times that suit you. Simply enter the school code listed here and press “Go”.

You will be guided through three simple steps and a few moments later you will get an email confirming your interview times.
On the next page, select the teachers you wish to meet.
First select the subject or year and then choose from the list of teachers.

You will see a timetable showing when the teachers are available. Simply click on the times that suit you.

When you have finished, your interview timetable will be emailed to you. You can return to the site and change your interviews as necessary until the close of bookings.

The system for the interview will be open from the following times:

**BEACONSFIELD CAMPUS:**
9.00am Tuesday August 21, until 9.00am Wednesday August 29, 2012

**BERWICK AND OFFICER CAMPUSES:**
9.00am Monday September 17, until 9.00am Tuesday October 9, 2012

For parents who do not have internet access, computer kiosks will be available at Reception at Beaconsfield and Berwick Campuses. Students who have written permission from their parents may also have access to these kiosks.

If there are no suitable times available on the schedule for a particular teacher, parents will need to contact the subject teacher directly to arrange an alternative interview time.

Parents wishing to change their interview time/s after the closing date should contact the College directly on:

<table>
<thead>
<tr>
<th>Campus</th>
<th>Phone</th>
</tr>
</thead>
<tbody>
<tr>
<td>Berwick Campus</td>
<td>9702 6588</td>
</tr>
<tr>
<td>Beaconsfield Campus</td>
<td>9707 3111</td>
</tr>
<tr>
<td>Officer Campus</td>
<td>5943 3600</td>
</tr>
</tbody>
</table>
Help your child ACHIEVE!

One way to help your child achieve at school is to work together with your child’s teacher. The parent-teacher partnership takes work from both sides to become a reality. Here are some ideas that will help.

1. Know what your child’s teacher is trying to achieve.
   Like children, every teacher is different with their own specific expectations, goals and interests. Get to know your child’s teacher and gain an understanding of their approach and aspirations for your child’s class.

2. Keep your expectations reasonable and positive.
   If your expectations are too high they may give up. Too low and they will meet them! The trick is to keep your aspirations for your child in line with their ability and their interests. Also be realistic about what your child’s school can deliver. Sometimes our expectations of schools are not in line with their capabilities or their roles.

3. Support your teacher’s expectations & activities at home.
   One practical way of supporting your child is to take a real interest in their home-based learning tasks and follow the guidelines laid out by teachers.

4. Send kids to school ready to learn and on time.
   Maximise your child’s chances of success by sending them to school in a good frame of mind, with plenty of sleep and a good breakfast. Also make sure they get to school on time. It’s estimated that many kids miss up to two weeks of school a year when they are routinely late by just five minutes a day.

5. Inform teachers of your child’s challenges and changes.
   Life’s not always smooth sailing for kids. Family circumstances can alter, friends move away, illness happens. These changes affect learning. Make sure you keep your child’s teacher up-to-date with significant changes or difficulties your child experiences, so he or she can accommodate their emotional and learning needs at school.

6. Skill children to work with others.
   Schools are social places requiring children to work and play with each other much of the time. Teaching manners to kids, as well as encouraging them to share their time, space and things with others are practical ways to help kids with their social skills. Talk through any social challenges they may have, helping them develop their own strategies to get on with others.

7. Respectfully seek joint solutions to problems and difficulties.
   Resist the temptation to solve all your children’s problems or think you have the only solution. Most learning and social problems can be resolved when teachers and parents work together in the best interests of the child.

8. Participate fully in class & school activities.
   There is a huge body of research that points to the correlation between parent involvement in a child’s schooling and their educational success. Quite simply, if you want your child to improve his learning then take an interest in his learning, attend as many functions as you can, and follow the lead provided by your child’s teacher. This simple strategy will have a massive, long-term impact.

9. Trust your teacher’s knowledge, professionalism and experience.
   Your child’s teachers are your greatest allies. Their training, their experience around kids and their objective professionalism puts them in a strong position to make judgement calls about your child.

10. Talk up what happens at school.
    Your child will take their cues from you about how they see their school. If you want your child to value learning, and enjoy their time at school then you need to support your school and make sure he or she hears positive messages about learning, teachers and the school itself. You can set a strong educational agenda at home by talking up your school.

This type of 10 point plan is easy to read but hard to put into practice, particularly when you get busy or your child has significant difficulties. Choose two or three ideas from this list to really focus on in the coming year and you’ll find that the rest will fall into place. Good luck and nurture the partnerships you have with your child’s teachers.
FREE study for overweight young people looking for help

The Murdoch Childrens Research Institute at the Royal Children’s Hospital is conducting a randomised controlled trial of an online weight management program designed for overweight adolescents aged 12 to 17 years.

We want to find a fun and interactive way to help adolescents learn about healthy food choices and physical activity. Around 30% of all 12 to 17 year old Australians are overweight and spaces in clinical services are limited. Staying Fit is an interactive online program designed to help adolescents learn about healthy lifestyle choices. We would like to find out if it is more effective than the information that is already available to Australian adolescents.

We are looking for 550 overweight adolescents aged 12 - 17 to help us test two ways of providing health information. Those who take part in the study will be randomly assigned to either the Staying Fit group or the Usual Care group.

- Both groups will receive information for young people about healthy food choices, physical activity, stress and coping with eating disorders, and a list of useful websites to visit. The Staying Fit group will also spend about an hour each week (for 12 weeks) working through a fun, interactive, online session and they will be provided with a pedometer and a walking program.

- If we find that the Staying Fit program is more helpful, then at the end of the study the Usual Care group will also get access to the Staying Fit program.

- All participants are asked to complete questionnaires and have their height, weight, blood pressure and waist circumference measured at baseline, 3, 6 and 12 months follow-ups. Parents are also invited to complete questionnaires, height and weight measurements. These measurements can be taken at the Royal Children’s hospital or during home visits. (They will not be done in schools) and all individual information is confidential.

- Recruitment has commenced and we are looking for overweight young people aged between 12 and 17.

If you would like to know more, contact the Staying Fit Project Coordinator, Karly Cini on (03) 9345 6954 or email: stayingfit@mcri.edu.au

For more info: http://www.mcri.edu.au/research/research-projects/staying-fit-project