Emmanuel Kelly Visit
Last week St Francis Xavier College was fortunate to have a visit from Emmanuel Kelly. Emmanuel is the adopted son of Children First Foundation director Moira Kelly, who brought him to Australia from an Iraqi orphanage for life changing surgery. Emmanuel’s message of self belief and hope was an inspiration to all. He spoke of inclusiveness, acceptance and the importance of having a dream to pursue. He also entertained everyone with his songs and his music. It was a timely reminder to us all that while we may not have any control over the obstacles life deals us, we certainly have control over how we deal with those obstacles.

ANZAC Day services
Once again a large number of our students took part in commemorative services for ANZAC Day, representing the College with grace and pride. Their respectful manner was commented on by members of the public, and again demonstrates their commitment to their College and their community.

Our College Captains and Vice Captains attended the 2pm service at the Beaconsfield RSL last Sunday, April 21.

REMAR and Catholic Youth Ministry students attended the Dawn Service at the Shrine of Remembrance in Melbourne, supervised by Mr Michael O’Connor, Mrs Courtney Buttigieg, Miss Ysabelle Daugeut (as staff) Mrs Jennie Laukart, Mrs Freda O’Gorman and Mr Tim Martin.

Twenty-nine students from the Berwick Campus attended the Dawn Service at the City of Casey Municipal Office, led by Mr Bruce Topham and Mr Ian Butler.

Six students from the Officer Campus attended the morning service at the Pakenham RSL, guided by Mr Clinton Broadhurst, Miss Denise Dunne and Miss Emma Notman.

College Production – HONK!
This week sees the culmination of many months of hard work and numerous rehearsals with the performances of HONK! at the Cardinia Cultural Centre. I am sure it will be a huge success, and urge as many of you as possible to purchase tickets and support the students and staff involved. Best wishes to the cast and crew.

DATED TO REMEMBER

| May 2 - 4 | College Production | 7.30pm |
| May 3   | Year 10 Careers Expo |
| May 7   | Journey So Far Evening | 6.30pm |
| May 8   | Year 7 da Vinci Decathlon |
| May 10  | Mother’s Day Breakfast | 7.00am |
| May 13 & 15 | Year 12 Music Performance Evening |
| May 14-16 | NAPLAN Testing - Years 7 & 9 |
The 2012 Annual Report to the School Community
The Annual Report to the School Community will be available from Monday May 6, 2013. The Report is an overview of the 2012 school year, and reports on our achievements in a number of areas. It can be downloaded from the College website or a hard copy is available for reading in Reception at all Campuses. Also available will be the College Board 2012-2013 Annual Report to Parishes and Financial Statement.

We are praying for...

- **Kathy Gatti**, sister of Mrs Palmieri and aunt of Lauren (Yr 10) and Sarah (Yr 8), who passed away after a short illness on April 19, 2013.
- **Mrs Asha Pitia**, who passed away recently and the Alphonse Family—Adam (past staff member), Lado (Class of 2012), Tempest (Class of 2011), Wani (Yr 12) and Pitia (Yr 10), as they mourn the loss of their mother.
- **Trevor Taylor** (Year 11, 2006) who passed away suddenly. Our thoughts and prayers are with the Taylor family at this sad time.

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The ‘Journey So Far’ Evening for Year 11 Students 2013
Tuesday May 7 Beaconsfield Campus – 6.30pm-9.00pm

This year our Year 11 students will have the opportunity to hear the career journeys of several past students of the College. The aim of this very special evening is to encourage our young people to believe in their dreams and to work to their full potential in pursuit of their goals.

The ‘Journey So Far’ has been an inspirational evening for the last five years and provides our Year 11 students with the opportunity to hear the career ‘journeys’ of many young men and women who were students at St Francis Xavier College.

We have been very heartened by the responses and offers of extra support that have been received to date from the many past students of the College whom we have contacted. In many of their ‘journeys’ these ex-collegians have had to overcome obstacles and difficulties, and that alone is worth hearing!

The evening is an exciting initiative in our College and promises to be a very interesting night. Year 11 students are expected to attend as part of their school curriculum and to wear their full College uniform. Prior to the evening, they will be invited to choose sessions from an array of choices of speakers.

Further details will be sent home over the coming weeks.

If you have any questions, please do not hesitate to contact Mr Timothy O’Meara on 9702 6588 or via email, tomeara@sfx.vic.edu.au
MOODLE ASSISTANCE

If you have an issue with Moodle – forgotten your user name or password, want to set up a user name and password or any problems accessing Moodle, please contact support on MoodleSupport@sfx.vic.edu.au.

When requesting support, please include your name, date and time of issue plus a detailed description of the problem.

Please note, any emails sent after school hours may not be acted upon until the next working day.

OUR PARISH MASSES

Berwick: Sat 6.00pm
Sun 9.00am, 10.30am & 6.00pm

Narre Warren: Sat 6.00pm
Sun 8.00am, 9.15am, 11.00am & 6.00pm

Pakenham: Sat 6.00pm
Sun 9.00am & 10.30am

Koo Wee Rup: Sun 9.30am

Iona: Sun 11.00am

Lang Lang: 2nd & 4th Sunday of each month at 5.00pm

Nar Nar Goon: Sat 6.00pm

Maryknoll: 3rd & 5th Sunday of each month at 5.00pm

UNIFORM SHOP

Beaconsfield Avenue, Beaconsfield

Telephone: 9707 3111
(Tuesday or Thursday)

Enquiries: Mrs Vicki Lister

Tuesdays and Thursdays
8.30am - 4.00pm

Every Saturday
9.00am - 12.00pm

Telephone Orders Welcome
Values Education: National Framework

Nine Values for Australian Schooling were identified for the National Framework for Values Education in Australian Schools. They emerged from Australian school communities and the National Goals for Schooling in the Twenty-First Century. According to documents released by the Department of Education, the need for values education is not new, however, it seems that there is a need for a planned and systematic way to prepare young Australians for diverse and complex lives, and to counter the excessive emphasis on materialism and extrinsic goals which are linked to dissatisfaction, depression, anxiety, anger, social alienation and poorer personal relationships.

Research also shows that adolescents tend to acquire protective factors through positive relationships with family, school and community, which help them live healthy, happy lives and make a smooth transition to adulthood.

Values education can also help students to understand and cherish the shared values that bring us together, to understand and respect people whose perspective is different from their own and to exercise ethical judgment and social responsibility.

The Nine Values for Australian Schooling are:

1. **Care and Compassion**
   Care for self and others.

2. **Doing Your Best**
   Seek to accomplish something worthy and admirable, try hard, pursue excellence.

3. **Fair Go**
   Pursue and protect the common good where all people are treated fairly for a just society.

4. **Freedom**
   Enjoy all the rights and privileges of Australian citizenship free from unnecessary interference or control, and stand up for the rights of others.

5. **Honesty and Trustworthiness**
   Be honest, sincere and seek the truth.

6. **Integrity**
   Act in accordance with principles of moral and ethical conduct, ensure consistency between words and deeds.

7. **Respect**
   Treat others with consideration and regard, respect another person’s point of view.

8. **Responsibility**
   Be accountable for one’s own actions, resolve differences in constructive, non-violent and peaceful ways, contribute to society and to civic life, take care of the environment.

9. **Understanding, Tolerance and Inclusion**
   Be aware of others and their cultures, accept diversity within a democratic society, being included and including others.

You will find all of these clearly articulated in the College Mission Statement.

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Have you changed your address or phone numbers recently?

*If so, it is vital that you provide updated details to the College.*

Please collect a **CHANGE OF DETAILS** form available from Reception at any of the Campuses.
NEXT MEETING: WEDNESDAY JUNE 5, 2013
Berwick Campus Staffroom 7.30 pm

Please join us at the next Parents & Friends meeting. It will be a great opportunity to meet new people, support your school & child’s education, be updated on the latest news/events and offer ideas and help in a friendly environment.

All are Welcome.
Ideas/suggestions can also be submitted via our P&F website.
All enquiries regarding the College P&F can be made to Lorraine on 9707 5274.

FUNDRAISING NEWS

“Garden Express – Spring Flowering Bulbs”
Thank you to everyone that supported the school with this fundraiser.
The bulbs will be sent home with your child within the week.

Purchase your new 2013 | 2014 Entertainment™ Book...

Choose what you want to do and when you want to do it with hundreds of valuable offers. Entertainment™ Books are filled with 2-for-1 offers and up to 50% off, valid now until 1st June 2014!

Purchase a Book and at the same time, you will also be helping community fund-raising!

St Francis Xavier College
Address: Berwick Campus 75 Ridgemont Drive, Berwick, VIC 3806
Contact: Lorraine Macreadie Phone: 9707 5274 Email: lorraine.macreadie@hotmail.com

Name: __________________________ Phone: __________________________ Email: __________________________

To purchase your Entertainment™ Book, please contact:

Address: __________________________ State: __________________________ Postcode: __________________________
I would like to order ___ x Melbourne Entertainment™ Book(s) @ $65 each (including GST) $ __________
I would like to order ___ x Geelong Entertainment™ Book(s) @ $55 each (including GST) $ __________
[ ] I will collect the Book [ ] I have included $ per book for postage and handling POSTAGE ENCLOSED $ __________
TOTAL ENCLOSED $ __________

ORDER NOW SECURELY ONLINE: https://www.entropyworld.com.au/orderbooks/182w340 or complete:

Payment type: [ ] CASH [ ] VISA [ ] MASTERCARD
Credit Card number: __ / __ / __ / __ / __ / __ / __ / __ Expiry date: ___ / ___ / ___ CVV*: ___
[ ] Additional payment enclosed $ ___
Cardholder’s name: __________________________ Signature: __________________________

Thanks for your support! 20% from each Book sold contributes to General Fundraising.

Order your Book before 9th April 2013 and you will receive BONUS OFFERS worth over $150 that you can use straight away (subject to availability).
FROM THE SENIOR SCHOOL
Mrs Vera Treloar – Deputy Principal, Head of Campus

I would like to wish all those involved with our College Production of “Honk!” all the best as they entertain us with their acting and musical talents. Over many months staff, back stage crew, the orchestra, prop department and cast have prepared diligently in order to stage a wonderful show. I encourage you all to attend – a limited number of tickets are still available.

UNIFORM EXPECTATIONS
Most students at the Senior School are wearing the correct Winter uniform. Unfortunately, a number have chosen not to comply with the Uniform Policy for Winter as summarised below:

<table>
<thead>
<tr>
<th>Male Student Uniform</th>
<th>Female Student Uniform</th>
</tr>
</thead>
<tbody>
<tr>
<td>• College Blazer</td>
<td>• College Blazer</td>
</tr>
<tr>
<td>• Navy College Trousers</td>
<td>• College long or short-sleeved shirt (with logo)</td>
</tr>
<tr>
<td>• College Jumper or Vest</td>
<td>• College Skirt (below the knees)</td>
</tr>
<tr>
<td>• College long or short-sleeved shirt (with logo)</td>
<td>• College Jumper or Vest</td>
</tr>
<tr>
<td>• College Tie</td>
<td>• College Tie</td>
</tr>
<tr>
<td>• Navy socks (above ankle)</td>
<td>• Navy socks (knee-length) or Navy tights</td>
</tr>
<tr>
<td>• Black Belt (plain)</td>
<td>• Black leather shoes (standard heel, smooth leather upper. No T bars or soft, jazz style shoes))</td>
</tr>
<tr>
<td>• Black leather shoes (standard heel, smooth leather upper)</td>
<td>• College Bag</td>
</tr>
<tr>
<td>• College Bag</td>
<td>• College scarf &amp; gloves (plain navy, white or red)</td>
</tr>
<tr>
<td>• College scarf &amp; gloves (plain navy, white or red)</td>
<td>• College beret (red only)</td>
</tr>
</tbody>
</table>

The most common concern has been the wearing of the College tie (top button done up and tie fastened correctly) and the wearing of the College blazer. The blazer must be worn as the external garment to and from school during Terms 2 and 3. Please note that all girls are to wear their winter skirt at the appropriate length. Can you please ensure that your son/daughter’s uniform is correct when leaving for school each day. Thank you for your support with this matter.

We have received reports that pedestrians in the local area have observed snakes in the proximity of the College on the way to and from school. We ask all students to utilise concrete paths where available and to avoid grassy areas.
ACADEMIC EXPECTATIONS OF YEAR 10 STUDENTS

Having reached the third week of Semester 1, Year 10 students in all subjects are now well aware of the increasing challenges to be met in order to be a successful learner. If we look at the AUSVELS curriculum for ENGLISH as an example, the skills that must be developed over the year in the areas of reading, viewing and writing are complex. ([www.australiancurriculum.edu.au/English](http://www.australiancurriculum.edu.au/English))

**Reading and viewing**

By the end of Level 10, students evaluate how text structures can be used in innovative ways by different authors. They explain how the choice of language features, images and vocabulary contributes to the development of individual style. They develop and justify their own interpretations of texts. They evaluate other interpretations, analysing the evidence used to support them.

**Writing**

Students show how the selection of language features can achieve precision and stylistic effect. They explain different viewpoints, attitudes and perspectives through the development of cohesive and logical arguments. They develop their own style by experimenting with language features, stylistic devices, text structures and images. They create a wide range of texts to articulate complex ideas. They demonstrate understanding of grammar, vary vocabulary choices for impact, and accurately use spelling and punctuation when creating and editing texts.

Every Year 10 subject has similar challenges. The knowledge and skills gained by the end of Year 10 are prerequisites for success in VCE and VCAL classes. These skills must be practiced regularly.

Therefore,

- students who regularly attend Learning Reconnections for failing to complete work set in class and for homework are putting their future VCE and VCAL options at risk.
- students who regularly fail to meet acceptable standards for assessment tasks/ SACs and then must apply for a REDEMPTION OPPORTUNITY are putting their future VCE and VCAL options at risk.

Feedback from teachers is that the vast majority of these students are academically capable, but do not at this stage have an acceptable work ethic. We have high expectations of our students so parents are asked to take immediate action when they are advised by SMS or letter of the student’s unacceptable or unsatisfactory learning behaviours. Conversations with teachers at the time of notification about how best to help the students achieve success are vital.

**AN INVITATION TO ALL DRAMA STUDENTS**

Sophia Riozzi from our 2012 VCE class is represented in TOP CLASS Drama. Top Class is a series of performances and is for the benefit of current VCE students – and those in Year 10 planning to study VCE Drama.

**Bookings:**

All concerts are held at the Melbourne Recital Centre, Southbank. The box office number is (03) 9699 3333.
Mother’s Day Breakfast

Our annual Mother’s Day Breakfast will be held on Friday, May 10 from 7.00am until 8.30am in the Hospitality Centre at the Beaconsfield Campus.

The breakfast is open to all students from Years 7-12 (boys and girls) and their mothers/grandmothers or carers.

The Mother’s Day Breakfast is a College community tradition where students invite their mother out to breakfast, be entertained by a guest speaker and enjoy some quality time together in the lead up to Mother’s Day.

This year’s guest speaker is Jacqui Morgan, Olympic Games and Commonwealth Games Cyclist. Cost of breakfast is $15 per person. Tickets can be ordered from Reception at all Campuses. Places are limited and it is essential to book by Friday May 3.

St Francis Xavier College iPhone App on trial

For a further two weeks, we will be trialling an iPhone App as an alternative means of communication between the College and parents. The App is able to send alerts to parents about events, news and policies, and even newsletters can be accessed on your phone. The App has been produced by a commercial company but will be controlled by staff from the College. The trial version is only available for iPhones but if successful and we decide to use this App, an Android version will also be available.

I am asking for parents, with iPhones, who would like to participate in this trial to contact me at mtorsello@sfx.vic.edu.au. I will reply to emails with directions for loading and using the App. At the end of the trial period, I will be asking participants to complete a short on-line survey to measure the success of the App.

National Cyber Security Awareness Week

The National Cyber Security Awareness Week will be celebrated in Australia from May 20 to 24, 2013. So I thought it was timely to remind parents of some of the precautions their children should be utilising when using social media, such as Facebook and Instagram.

Facebook has the following default privacy settings for children aged from 13 to 17 years. Basic information you choose to share via the site (such as your name, profile picture and gender) is publicly available. However, by default, you can only share what you post with a maximum audience of the friends of your friends. Even if you change your privacy settings to Public, your information will only be shared with Friends and Friends of Friends.

The Custom privacy settings allow you to specify who is able and not able to view the content you share. You can choose to share with and you can also limit some of the information you post on Facebook to Only Me.

But some children don’t indicate that their age is under 17 when signing up for Facebook and therefore many privacy settings are defaulted to Public, meaning anyone can see their personal details.

More helpful information is available for parents from the following Government web sites, including how to adjust your privacy settings:

Stay Smart Online: http://www.staysmartonline.gov.au/home_users
On ANZAC Day, Thursday April 25, 31 students from the Berwick Campus attended the Narre Warren Dawn Service with Mr Bruce Topham and Mr Ian Butler. These students were wonderful ambassadors for our College, not only attending, but also collectively laying a wreath at the foot of the memorial. Students attended with their families as a sign of respect for the sacrifice that has been made over the generations by young men and women to defend our nation and the vulnerable elsewhere.

ANZAC Day was also acknowledged at the Berwick Campus with a short commemoration that was led by the Campus Liturgy Captains – Miranda Ryan and Georgia Cuffe.

Emmanuel Kelly

Former X Factor competitor, Emmanuel Kelly, visited the Berwick Campus recently for a musical performance and inspiring presentation to our students. Emmanuel is the adopted son of Moira Kelly, who rescued him from an orphanage in Iraq, bringing him to Australia for life changing surgery. Emmanuel not only sang a number of songs, including one of his own he will be releasing soon, he also reminded students to live with hope and continue to believe in themselves. Watching 1000 students chanting “I believe” is powerful.

Many students had the opportunity to meet Emmanuel after his performance and left feeling inspired and empowered to go forward in their lives.

House Cross Country

Unfortunately heavy rain caused the cancellation of the House Cross Country on Thursday April 18. Only the Year 7s had competed prior to the rain, so the Year 8 and 9 students held their carnival this week. Congratulations to all the runners, especially the Year Level winners. A big thank you from all of us to Miss Laura Denholm for her expertise in the planning of the carnival, and to her supporters on the day who assisted in the supervision as well as looking after some rain sodden Year 7s.

Early Departures

A reminder that when students are being collected during school time by their parent/guardian, a signed note must be shown to their subject teacher before they leave class. Students must then make their own way to reception at the required time. Office staff are not permitted to make announcements interrupting class time to call for students departing early if they have failed to show at the appropriate time.

Car Travel

Parents are reminded that when travelling through the school grounds, particularly across the basketball courts and past the oval, that they do so in a safe manner. Cars should be travelling at walking pace, with drivers being vigilant for student movement in any of these areas.

Finally, we wish all the students involved in the College Production of Honk! the very best as their weeks of rehearsals come to fruition this week, with the much anticipated performances at the Cardinia Cultural Centre. Good luck!
Preparing for the National Assessment Program – Literacy and Numeracy (NAPLAN)
The National Assessment Program – Literacy and Numeracy (NAPLAN) will take place on Tuesday 14, Wednesday 15 and Thursday 16 May for all Year 7 and 9 students.

The tests provide an opportunity for you to see how your child is progressing with a variety of literacy and numeracy skills against national standards. Teachers will familiarise students with the test formats during classes leading up to this period so that students feel comfortable and confident during the test period. Please note – students must have a calculator for one of the numeracy tests on Thursday May 16. For more information, including practice questions visit [www.naplan.edu.au](http://www.naplan.edu.au/).

If you have any concerns about the testing, please contact Mr Adam Gordon on agordon@sfx.vic.edu.au.

Using class time productively
Students will have noticed the questions what, why and how written on whiteboards in all classrooms. Teachers begin each class by explaining what will be learned and why this learning matters. The how refers to students understanding how they will know when they have successfully learned the relevant information. This simple but effective process gives structure and purpose to all classes. In addition it encourages students to actively reflect on their own learning.

Students have also been asked to write down their Term 2 academic goals on goal setting sheets given to students by their Care Group teachers. Students are also asked to write these goals in their student planner. These will be reviewed by teachers, students and parents at the end of the Term.

Outward Bound is an integral part of the Christian Leadership Program at St Francis Xavier College. All Year 9 students are expected to participate in the program. The highlight of the programme is a 9 day expedition. This year’s expedition will take place from Tuesday September 10 until Wednesday September 18, 2013.

On Monday May 6, all Year 9 students will take home a letter with further information about Outward Bound. Please ensure that the medical form attached to the letter is returned to your child’s Care Group teacher by Friday May 24.

There will be an information night for parents on Thursday August 1, at 7.30pm.

In the meantime if you have any questions about Outward Bound please do not hesitate to contact me on 9707 3111.
ANZAC DAY PRIDE
It is a source of pride to see so many people embracing the ANZAC tradition of attending the
dawn services. Once again, this year the service at Pakenham proved to be a very moving
experience. The service was well attended, with fitting tributes to our brave service men and
women. During the service, Officer Campus students laid a floral wreath on behalf of the
College. I believe our attendance at the dawn service is a clear demonstration to the wider
community that we are a College of support and action.

ACTIVITIES AROUND THE OFFICER CAMPUS
*Easter Hampers – Mrs Kathleen Romeo and Mrs Barb Golding.*
From the beginning of March until the last week of Term, the St Vincent de Paul Group at the Officer Campus
collected Easter Eggs for distribution among those less fortunate in our area. The students collected and
decorated boxes, each morning taking them around to the Care Groups for donations.

We ran a competition to see which Care Group could bring in the most Easter Eggs – we soon ran out of boxes
and the St Vinnie’s girls were kept busy creating more.

Mrs Helen Boon from St Vincent de Paul Pakenham, came to our Campus Assembly to talk to
the students about the work the organisation does in our area. This really inspired our students
to be very generous and donate even more Easter Eggs and non-perishable foods.

The winner, by a very narrow margin, was Miss Furlong’s Care Group. When our office manager
Miss Boon delivered all the boxes Mrs Boon was overwhelmed with the generosity of the staff
and students at our Campus.

EMMANUEL KELLY DREAMS BIG
On Tuesday April 23, Emmanuel Kelly inspired students and teachers alike during a
visit to the Officer Campus. Emmanuel was born with severe deformities from chemical
warfare and raised in an orphanage in Iraq before being adopted by Children First
Foundation director Moira Kelly.

The singer burst into the public eye after appearing on television show X Factor in 2011.
He started his presentation to the students by showing them part of the X Factor footage.
He then sang songs, including John Lennon’s Imagine, along with some of his own.

Emmanuel also shared his own personal message on anti-bullying, perseverance and resilience with our
students, asking them to believe in themselves and to have a dream. He shared the message of hope, hope is
what makes us wake up in the morning. He asked our students not to bully each other
or put each other down but to say positive things, speak words of encouragement and
to help each other.

WOOLWORTHS EARN & LEARN 2013
Please continue to collect your Woolworths Earn and Learn stickers to help the College receive some great new
equipment. Stickers may be brought to Student Reception.

THE SMART GENERATION – PREVENTING TEENAGE DRINKING
Teenage drinking is a serious problem that has harmful outcomes for the individual, the family and the community.
To address this issue, our school is taking part in a project to prevent adolescent alcohol use. The Smart
Generation project is targeted at Year 8 students and parents, and aims to raise awareness and promote uptake
of alcohol guidelines and legislation.

Over the coming months, look out for the Smart Generation newsletter articles for more information about teen
drinking. Year 8 parents can also expect to hear a lot more about the project through mail-outs and students’
homework activities. We encourage you to be as involved as possible, and to get started you can:

(Continued on next page)
- Talk to your child about alcohol use and discuss your expectation that they do not drink alcohol before age 18 years.
- Consider setting a rule that your child does not drink alcohol at home or elsewhere, and discuss the consequences of breaking the rule. For more information visit www.keepemsafe.com.au

**Alcohol Guidelines and Legislation**

The National Health and Medical Research Council (NHMRC) guidelines recommend that children aged under 18 years do not drink alcohol. In Victoria, new Secondary Supply Legislation makes it illegal to supply alcohol to anyone under the age of 18 without written or verbal permission from their parents. This legislation is also referred to as the Teen Drinking Law.

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**GOAL SETTING**

Students have just completed their Term 2 Goal Setting process. Their original goals are looked over and stored by Mr Pezzanite who will then pass them back to Care Group Teachers to comment on just prior to the Semester Reports going home to parents. When parents receive their child’s Semester One report we encourage them to read over the goals, the child’s responses and their Care Group teacher’s comment.

**STUDENT RECORD BOOKS**

Students are expected to maintain a well organised and detailed account of their schooling commitments. Recording of homework, assignment tasks and other important information should be entered on a daily basis. Parents are encouraged to help foster a positive relationship between their child and the College by regularly perusing their child’s Student Record Book (SRB). We encourage parents to acknowledge this process by signing the bottom of the page that contains their child’s recordings for the week just past.

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**Visual Arts**

Ms Lorinda Mutsaers – Head of Department

On Wednesday April 17, Miss Shauna Furlong, Miss Hayley Griffin and I had the great pleasure of attending the 12th Annual Casey Creations Awards Presentation. This exhibition celebrates the artistic talents of Casey’s young people. There were over 300 entries this year, some of the best being on display during the evening.

Three of our St Francis Xavier College students were awarded prizes on the night. Aurora Markel and Megan Denis from the Berwick Campus received Merit Awards while Georgette Wachal from the Officer Campus received an Encouragement Award. The girls were presented with their awards by the City of Casey Mayor, Amanda Stapledon. The girls produced beautiful artworks that caught the eye of the judges. Their prizes included vouchers and art materials. Our congratulations go to the girls on this outstanding achievement.
HOUSE CROSS COUNTRY
A big congratulations to SYNAN for being the 2013 House Cross Country winners... followed closely by BURGESS in 2nd place and GALLAGHER in 3rd place.

Listed below are the results of each age group including the winning house in each year level/gender.

<table>
<thead>
<tr>
<th></th>
<th>Year 10</th>
<th>Year 11</th>
<th>Year 12</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Boys</td>
<td>Girls</td>
<td>Boys</td>
</tr>
<tr>
<td>Burgess</td>
<td>17</td>
<td>36</td>
<td>64</td>
</tr>
<tr>
<td>Gallagher</td>
<td>36</td>
<td>52</td>
<td>51</td>
</tr>
<tr>
<td>McDonagh</td>
<td>90</td>
<td>25</td>
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</tr>
<tr>
<td>McKenna</td>
<td>39</td>
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<td>Schneider</td>
<td>27</td>
<td>35</td>
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<tr>
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<td>44</td>
<td>30</td>
<td>17</td>
</tr>
<tr>
<td>Thomas</td>
<td>74</td>
<td>35</td>
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<tr>
<td>White</td>
<td>17</td>
<td>54</td>
<td>78</td>
</tr>
</tbody>
</table>

Pennants

<table>
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<tr>
<th></th>
<th>Year 10 Boys</th>
<th>Year 10 Girls</th>
<th>Year 11 Boys</th>
<th>Year 11 Girls</th>
<th>Year 12 Boys</th>
<th>Year 12 Girls</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Burgess &amp; White</td>
<td>McDonagh</td>
<td>McDonagh &amp; Synan</td>
<td>Synan</td>
<td>McKenna</td>
<td>White</td>
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</tbody>
</table>

Shield

<table>
<thead>
<tr>
<th></th>
<th>1st</th>
<th>Equal</th>
<th>2nd</th>
<th>3rd</th>
<th>4th</th>
<th>5th</th>
<th>6th</th>
<th>7th</th>
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</thead>
<tbody>
<tr>
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<td>264</td>
<td>250</td>
<td>251</td>
<td>264</td>
<td>283</td>
<td>330</td>
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Congratulations to the following students:

Males: 4km
Year 10 Boys: Frank Milligan (14.32), Matt Stevens (14.47), and Jordan Bishop (15.42)  
Year 11 Boys: Ciaran Morgan (15.23), John Hughes (15.29) and Matt Hanson (15.46)  
Year 12 Boys: Brandon Cabrel (15.28), Luke Collins (15.43) and Matt Brehaut (16.11)  

Females: 3km
Year 10 Girls: Sienna Iscaro (14.43), Montana Heinze (14.44) and Natalie Richetti (14.44.91)  
Year 11 Girls: Hollie Keysers (14.20), Caitlin Webb (14.20.89) and Jess Wilkie (14.41)  
Year 12 Girls: Rach Copestake (13.37), Casey Luttrell (15.07) and Olivia Raiti (15.43)  

Thank you to:  
Maggie Collins, Shaun from maintenance, Sarah Tymesen, Fiona Birchall, Vicki Wynen, Siobhan Stephenson and Ben Murphy – all who helped in some way today. Much appreciated!

Shields, pennants and medals will be presented at the next assembly.
YEAR 10 STUDENTS CAREER WISE TESTING

Year 10 Students will be doing career wise testing next week on May 7 and 9. The results from this testing will assist students with subject selection which will start week 2 of Term 3.

Students will have an information session on June 11 and receive a nine page report on the results of the testing. Reports will come home for parents to read and interviews can be made with a careers teacher to help with subject selection for 2014.

Reminders

• ‘At Monash’ series continues: Law 1 May; Health science and social work 7 May; Teaching, sport and outdoor recreation 8 May; Medicine 13 May; Education and nursing 21 May; Biomedical science, radiography, and nutrition and dietetics 29 May; Engineering 30 May. All 6.30-8.00pm; Registration (essential): 1800 MONASH or www.monash.edu/seminars

• ‘Age’ VCE and Careers Expo: Thurs 2 -Sun 5 May; Caulfield Racecourse

CHECK OUT MELBOURNE UNIVERSITY COURSES AT A ‘FOCUS’ SESSION – (all 6.30-8pm). Prospective students and their families are invited to attend.

• Focus on Commerce – Tues 21 May; Biomedicine – Wed 22 May; Engineering – Tues 28 May; IT Tues 28 May; Agriculture – Wed 29 May; Music – 4 June; Science – 5 June; Environments – 18 June; Law – 19 June; Arts – 25 June; The VCA – 26 June

To register to attend a Focus session go to www.futurestudents.unimelb.edu.au/focus-melb.

BIOTECHNOLOGY AT HOLMESGLEN – Interested in health? Certificate IV and the Diploma in Laboratory Techniques give graduates the qualifications to work in various roles in laboratories from technicians to research assistants. Classes are small with around 20 students, so teachers are able to give more one-on-one time to students. The fully equipped lab’s give students hands on experience, making them work ready. Certificate IV students complete a two week placement, while diploma students can undertake month long internships. Some graduates are working at Melbourne Pathology and Peter McCallum Cancer Centre, while others have gone on to university study. Info: ph 9209 5606.

HEALTH COURSES AT AUSTRALIAN CATHOLIC UNIVERSITY (ACU) – The Faculty of Health Sciences is growing, adding to the courses offered for some time, like nursing and paramedics.

• New degrees were introduced in 2013: Bachelor of Applied Public Health, Bachelor of Nursing/Bachelor of Business Administration and Bachelor of Speech Pathology. ACU enrolled 76 students into the later course. The Bachelor of Occupational Therapy (commenced ion 2012) enrolled 117 students this year.

• The Bachelor of Applied Public Health/Bachelor of Global Studies offers students the opportunity to pursue a career in international public health. The degree will be introduced in 2014 and combines training in public health and global development with access to national and international community development programs. A full semester placement in a community development setting is involved in the third year of the course.

• ACU’s Bachelor of Exercise and Health Science provides an Outdoor Recreation Leadership stream. If a student chooses to undertake all eight units in Outdoor Recreation they can obtain Victorian Institute of Teaching (VIT) accreditation for Outdoor Recreation as a teaching method. Graduates of the Outdoor Recreation Leadership stream work in areas like: expedition guide, nature tourism, camp directors, program directors for wilderness and adventure therapy, risk assessment, government department management including marine safety, land care and national parks, and facilitator for corporate outdoor companies.

LA TROBE UNIVERSITY – NUMBER 1 IN SPORT – La Trobe has a specialised unit called La Trobe Sport that will drive the vision for the university to be first choice for the study of, participation in, and partnering in sport in Australia. The aim is to be the leading university in teaching and research related to sport, to support student sport and sport related clubs to increase student participation in sport, to engage the local community and schools through the use of sporting facilities and sport services at La Trobe.

The Sport Unit will work to enhance the sport offerings and research outcomes that already exist, as well as build new courses to suit the changing sporting market. La Trobe will work to secure funding to improve sporting facilities. There will be partnerships with organisations like Melbourne Heart FC, Football Federation Victoria and the MCG.

• In connection with this, La Trobe has announced a new three year partnership with the AFL Players Association. It is committed to the Association and will become the ‘Higher Education Partner’. La Trobe works on research across a number of sport related disciplines like coaching, physiotherapy, psychology, exercise physiology and human nutrition, highlighting sport as one of the university’s important components, and affirms La Trobe’s Elite Athlete Friendly status.

PILOT TRAINING SCHOLARSHIP – The Royal Victorian Aero Club is offering a pilot training scholarship to encourage young Australians to take up a career or long term recreational participation in aviation. Information and a data pack are available at www.rvac.com.au, with applications closing on 31 July. Info: Kerin, kgreenwood@tpg.com.au (scholarship coordinator).
ROUND 2

Seniors
Richmond Centrals 7.10.112 d SFXOC 5.3.39

Xmen Succumb to Rivals

The Xmen were beaten by rivals Richmond Centrals on Saturday for the first time since joining the VAFA. The Centrals were strong all over the ground with their bigger bodies. A couple of late key position withdrawals proved costly for the Xmen as the Centrals prevailed in aerial contests all over the ground. The star studded SFX midfield was choked by some heavy defensive pressure and as a result the forwards were starved of quality supply.

Dimakopoulos’ VAFA reputation was again evident and was heavily tagged from the first bounce. Smith and the Burns boys battled hard, but it was the Centrals who had the ascendancy all over the ground. The score line was even less flattering after a couple of undisciplined acts from the Xmen added to their woes.

Steve Williams battled bravely in defence and Sean “the Sherminator” Dullard, showed he is improving with each week and growing into his new frame.

The Xmen will regroup for what will no doubt be a tough game at Aquinas. It will be a great opportunity for the lads to bounce back against quality opposition after what was just one of those days where nothing went right.

Goal Kickers: D. Dimakopoulos 2, C. Smith, M. Pope, D. Scott

Best Players: S. Williams, S. Dullard, C. Smith, S. Burns, T. Burns, D. Dimakopoulos

Reserves
Richmond Centrals 20.22.142 d SFXOC 0.2.2

The Xmen reserves come up against a quality opponent in the Centrals and were beaten from start to finish. The Centrals fielding several players from their senior squad in years gone by looked a classy unit and piled on the physical pressure. Big Scotty Rosashboard was one of few shining lights on a day the Xmen will be keen to put behind them.

Like the Seniors the Reserves have a good opportunity to bounce back against Aquinas this week who will provide solid opposition.


ROUND 3

Seniors
Aquinas 15.14. 104 d SFXOC 12.16.88

Brave Xmen fall Short

Keen to rectify a disappointing result the week prior, the Xmen trekked to Ringwood to take on the undefeated Aquinas. After losing the toss the Xmen were faced with a stiff breeze and knew they would be up against it to remain in touch at quarter time. Lenders was plugging holes bravely with little regard for the forwards cannoning in from behind. His team mates followed suit with a tough and hard first quarter that saw the Xmen trail by two points at quarter time.

Unfortunately the Xmen didn’t capitalise with the wind advantage in the second and after a fiery and spirited quarter entered the main break still trailing by 2 points. Aquinas came out with a head of steam in the third quarter and thanks to a couple of missed opportunities from the Xmen, jumped to a five goal buffer coming into the final quarter. The Xmen headed to the last quarter optimistic that they could run over the top of their pacey opponents.

Some costly misses again haunted the Xmen as they piled on 5.10 yet couldn’t find a way to take the chocolates. Dimakopoulos worked his way into the contest to have an impact. Sean Harvey and Dwayne Scott also led courageously from the front, but the Xmen just fell short.

No Doubt players will take plenty of positives from the game and look forward to taking on Albert Park in front of all the past players this Saturday.


Reserves
SFXOC 13.8.86 d Aquinas 12.7.79

The Xmen Ressies were also keen to make amends for their performance a week earlier and did just that. Trailng by six goals late in the second quarter the Xmen came from a long way back to record a memorable victory. The new look team showed that once they gel, will inevitably claim some big scalps this season. Xmen Stalwarts Leigh “Basha” Hall & Brent “Rocket Rod” Laver were influential in the midfield and battled like warriors. First year Xmen – Brendan O’Hara and Jarred Roberts were also lively in an inspirational win. Coach Williams was rapt with the effort from the troops and led from the front himself notching up possessions at will kicking the winning goal from an almost impossible angle.

The Xmen will take plenty of confidence from the spirited victory and look forward to doing battle with Albert Park in front of what will be a good crowd at Dejong oval.


HONK!
A MUSICAL TALE OF THE UGLY DUCKLING

Dates:
Thursday 2nd May
Friday 3rd May
Saturday 4th May
All performances @ 7:30pm
Cardinia Cultural Centre
Lakeside Pakenham

Tickets on sale from reception at each campus
Full: $20
Concession (students): $18
Children 3-5 years: $10
Children under 3: FREE!
Family Ticket (2 adults, 2 children): $70
School Camps & Excursions: Asthma

If your child has asthma, attending school camps and excursions can introduce them to new asthma triggers especially if they are going into new environments. It is essential that your child can participate fully and safely in all school activities. The following is a list of considerations to make for your child before they go on school camp or an excursion:

- Is your child's asthma currently well controlled (e.g. no symptoms at night, reliever use less than 3 times per week)?
- Has your child had an asthma attack or asthma symptoms recently?
- Does the school have an Asthma Action Plan for your child?
- Has the school asked you to complete a School Camp and Excursion Medical Update Form?
- Does your child have their reliever medication and spacer on hand at all times?
- Are they attending with any other medications to be taken on the camp/excursion? If so, are there sufficient instructions to staff for use/dosage?
- Does your child self-administer their medication? If so, has their technique been checked recently?

For more information please contact The Asthma Foundation of Victoria on 1800 278 462 or www.asthma.org.au.

Asthma and Complementary Therapies

Complementary or alternative therapies are becoming increasingly popular in Australia, and many people seek out complementary remedies to support their health. As with any health condition, if you or a family member have asthma and are considering using complementary therapies, we strongly advise that you communicate with your doctor about your asthma treatment. They may even be able to suggest safe therapies to try! It is equally important to communicate to any complementary therapists about your asthma so that they can avoid treatments that are known to potentially make ones asthma worse.

Complementary therapies considered safe for asthma are: exercise programs, vitamin D, low-salt diet, some Chinese herbal medicines, some Indian (ayurvedic) herbs, music therapy, tai chi, buteyko (breathing technique).

Complementary therapies considered potentially unsafe for asthma are: inhaled salt (small risk of a fungal respiratory infection), echinacea, bee pollen or royal jelly (propolis), and products containing aspirin.

Remember, response to treatments and medications differs between people. Make sure you or your children continue taking any asthma medications prescribed unless otherwise instructed by your doctor. Stopping asthma medications suddenly can result in worsening asthma symptoms and even an asthma attack. For more information regarding complementary therapies and asthma please refer to The National Asthma Council (NAC) http://www.nationalasthma.org.au/ or contact The Asthma Foundation of Victoria for your free copy of the new NAC Asthma & Complementary Therapies brochure.

For more information please contact The Asthma Foundation of Victoria on 1800 278 462 or www.asthma.org.au.
Are you aged between 8 and 18 years old?
Do you want to learn about aviation, flying, field craft, meteorology or astronomy, adventure training, teamwork and communication skills?

Are you interested in a exciting career in the aviation industry?

Do you want to develop your leadership, confidence and organisation skills?

Do you want to make life long friends?

Berwick Squadron Open Night
Wednesday 15th May 2013
7pm to 9pm

Come to our open night to see what we can offer

The Australian Air League is a national uniformed youth organisation which promotes and encourages the interest of aviation.

Boys and Girls are welcome every Wednesday night 7pm till 9pm at
Berwick Lodge Primary School Hall
Mansfield Street
Berwick

Freecall: 1800 502 175
Email: info@airleague.com.au
Website: http://www.airleague.com.au/